

More Severe Symptoms



The University of
Nottingham
Health Service



**Health
Service**

Dear Patient

You have been diagnosed as most likely suffering from the Coronavirus Infection (COVID-19).

We have assessed your condition and though your illness is more severe it can currently be managed at home and you should follow the latest NHS advice at www.nhs.uk by staying at home for 7 days from when your symptoms started.

As your case of the illness is not mild, the way the illness is likely to progress in individual cases cannot be predicted.

So it is important that your condition is monitored during the course of the illness in case your condition worsens – we will contact you in 24-48 hours to check on your progress via text or telephone.

If you do feel more unwell before then, especially if you get more breathless, develop chest pains, feel faint or increasingly struggle to move around or pass urine then seek advice from us or NHS 111. If your breathing becomes very difficult, please call 999.

If you live alone, please ensure you have someone who can check on you regularly.