

Mild Symptoms



The University of
Nottingham

Health Service



**Health
Service**

Dear Patient

You have been diagnosed as most likely suffering from Coronavirus Infection (COVID-19).

We have assessed your condition and your illness can currently be managed at home and you should follow the latest NHS advice at www.nhs.uk by staying at home for 7 days from when your symptoms started.

Sometimes your symptoms can get worse in the second week of the illness.

If you feel more unwell, especially if you get:

- More breathless
- Develop chest pains
- Feel faint
- Struggle to move around

Then seek advice from us or NHS 111. If your breathing becomes very difficult, please call 999. If you live alone, please ensure you have someone who can check on you whilst you recover.